



Iwata information dissemination

Iwata News



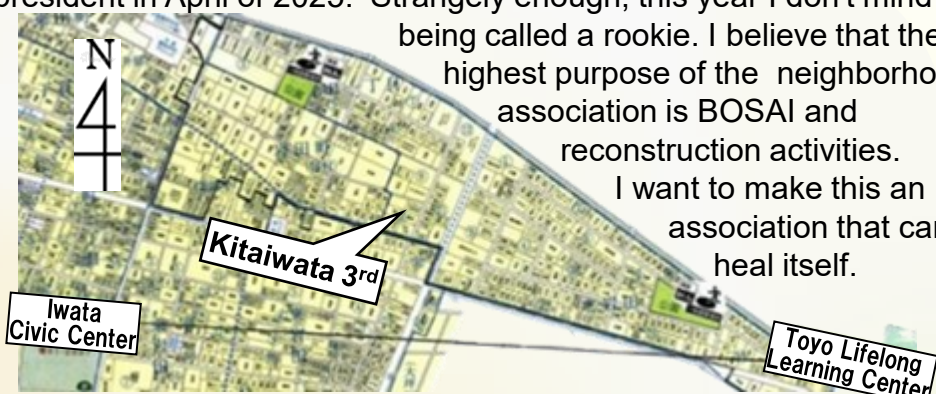
"Greetings from Egao de Team Iwata"

Iwata
Event Schedule

1 Mon	IWATA News issued Blue patrol by Kitaiwata3 rd (1 to 3 days)
2 Tue	
3 Wed	Women's Association for Rehabilitation and Protection
4 Thr	Blue patrol by Nakaiwata1 st (4 to 6.days) Welfare Committee Meeting
5 Fri	
6 Sat	
7 San	IWATA BOSAI training
8 Mon	Blue patrol by Nakaiwata2 nd (8 to 10 days)
9 Tue	Senior Citizens Club Meeting
10 Wed	
11 Thr	Blue patrol by Nakaiwata3 rd (11 to 13 days)
12 Fri	Civic Center Books Exchange Day
13 Sat	Social Sports Committee Meeting
14 San	
15 Mon	Respect for the Aged Day Blue patrol by Higashiiwata (15 to 17 days)
16 Tue	Executive Committee Meeting for Creating a Comfortable Lifestyle
17 Wed	
18 Thr	Blue patrol by Hiraoka (18 to 20days) Social Education Committee Meeting
19 Fri	
20 Sat	Smartphone Class
21 San	Social Sports Committee Meeting Soft Volleyball Tournament
22 Mon	Blue patrol by Kitaiwata1 st (22 to 24 days)
23 Tue	
24 Wed	Kokoniko Circle Child Watch Squad & Blue Patrol Joint Patrol
25 Thr	Blue patrol by Hirakawahonmachi (25 to 27 days)
26 Fri	
27 Sat	
28 San	
29 Mon	Blue patrol by Kitaiwata3 rd (29 to 1 October)
30 Tue	

Introducing Kitaiwata 3rd

My name is Keiji Aratsu, and I am the neighborhood association president for Kitaiwata 3rd. I'm a rookie, having only become president in April of 2025. Strangely enough, this year I don't mind being called a rookie. I believe that the highest purpose of the neighborhood association is BOSAI and reconstruction activities. I want to make this an association that can heal itself.



Kitaiwata 3rd is located north of a straight line connecting the Iwata Civic Hall, which is 26 meters above sea level, and the Toyo Lifelong Learning Center, which is 31 meters above sea level. The name Iwata suggests the hard geological layers of the Yumigahama Mountains. Meanwhile, Toyohashi City has areas at sea level, the Toyokawa River, a first-class river, and mountains. I think the Iwata, which lacks such areas, is a safe place. Looking at the hazard map, I even feel reassured. If the Iwata were to be affected by a disaster, the entire Toyohashi City area would be hit by a major disaster. This would delay external reconstruction assistance. Disasters are unpredictable. We need to maintain a good town at all times so that the townspeople can help each other no matter when a disaster strikes. We need to be able to repair ourselves.

Finally, I'd like to introduce one of the BOSAI activities in Kitaiwata 3rd. Kitaiwata 3rd has two parks, separated by a bypass. Both are neighborhood parks that serve as temporary evacuation sites. Each month, different groups clean the parks. The purpose is not so much to make the parks clean, but to get the neighbors to meet each other. By cleaning the parks in groups, it encourages people to visit the temporary evacuation site and makes it easier to build relationships with neighbors. Cleaning the park also earns money from the city, so even though neighborhood association fees are low, it allows for savings to be made in case of emergencies, so it's a win-win situation.

Kitaiwata 3rd Ward Neighborhood Association President ,

Keishi Aratsu



BOSAI(No.9) ~ Oral care during disasters ~

Oral care during disasters can save lives in emergencies

If you are unable to brush your teeth due to a water outage,



Aspiration pneumonia

Associated with periodontal disease
 · Worsening lifestyle-related diseases
 · Increased risk of myocardial infarction and dementia

Causes of pneumonia In evacuation shelters

Poor oral care
 ↓
 Increased bacteria in the mouth

Worsening of diabetes and high blood pressure
 ↓
 Dehydration, stress
 Onset of cerebral infarction

Asymptomatic aspiration

Lost dentures
 Difficult food intake

Immunodeficiency malnutrition

Doesn't work
 ⇒ Muscle weakness

Aspiration pneumonia



Why is aspiration pneumonia more likely to occur during disasters?

Oral care products



Don't forget to bring oral care products to keep your mouth clean when evacuating!

Iwata BOSAI Training
 Sunday, September 7, 8:30AM - 11:30AM
 (At Iwata Elementary School)
 The "Oral Care" booth will feature a presentation from the Toyohashi Dental Association.

BOSAI

The 9th issue was edited by Yamaguchi Tomoo, Chairman of the Iwata BOSAI Association.

Summer Festivals in Each Town

Nakaiwata 1st & 2nd, Saturday, July 26th, at the Iwata Hachimangu 150 participants



Hirakawa Honmachi, Saturday, August 2nd, at Hirakawa Honmachi Park 400 participants



Kita Iwata 3rd Saturday, August 2nd at Imura Park 220 participants



Kita Iwata 1st Saturday, August 2nd at Hirakawa Park 280 participants



Higashiwata Saturday, August 2nd at Kutsubashi Park 450 participants



Nakaiwata 3rd, Saturday, August 16th, at Iwahana Park 400 participants



Hiraoka Sunday, August 10th Cancelled in case of Rain

KITCHEN CAR

~ First event in five years ~ Iwata Night Market at Iwata Sports Park



Every Saturday and Sunday in July, a night market was held at Iwata Sports Park for the first time in five years. With many food stalls and food trucks, it was as lively as a festival.